

Me, Myself, and I

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Advice and inspirations are always sought for when growing up. Anonymity is another factor preteens seek when searching for advice. *Me, Myself, and I* is a fantastic book that fits these common needs. In an alphabetically organized fashion, this book contains 26 chapters on a variety of topics including friendship, making choices, being confident, and making friends. Every thought provoking chapter provides a Bible verse, quotation, some plans of thought, and plans of action, a relatable story, a prayer, and a question to consider when encountering a relatable situation.

Me, Myself, and I is a religious, inspiring book directed towards readers from grades five to eight. Each chapter is well rounded and the stories are of the simpler nature, helping for a relaxing read. I found each story helpful and amusing, quite often reminded of personal experiences through junior high school. On the whole, the book was very well put together; I found the flow of each chapter easy to follow and think through while reading.

The direction towards religion is very strong and guiding; though personally I'm not religious, I found the verses, prayers, and the whole religious aspect of the book very soothing. It brought another religious standpoint to my attention and raised my understanding for Christians and Christianity. Though at some points in time, the religion gap proved to be harder to bridge, I felt that reading this advice book was definitely worth every minute. I would definitely advise it to my younger, Christian friends to read.