

Mia The Meek

Eileen Boggess

Reviewed by: Alexa Fitzpatrick, 16

Star Teen Book Reviewer of Be the Star You Are! Charity

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The book *Mia The Meek* written by Eileen Boggess is about a teenage girl who wants to begin highschool as a new person...not Mia the Meek. Her goal her freshman year is to work on her self-esteem. She is trying to figure out what activities to do and who to be friends with. Popularity is big in highschool so she's reading *How to Defeat Public Fear and Become Popular* to guide her through highschool.

I really enjoyed this book because it reminded me of what my freshman year was like. It's a helpful book for girl's Mia's age to learn from her decisions. I really didn't dislike anything it was extremely funny and easy to relate to.

The age that is appropriate for this read is seventh through eleventh grade. It would be a great gift from an aunt or mother to read over summer.